



ANNUAL REPORT

2022/2023

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SACHA SEXUAL ASSAULT CENTRE

A MESSAGE FROM CAITLIN CRAVEN, CHAIR OF MANAGEMENT COMMITTEE & JESSICA BONILLA-DAMPTEY, DIRECTOR

Dear friends, supporters, and community members,

Our 2022-2023 year marks 47 years of SACHA support, advocacy & organizing alongside survivors of sexual violence and their supporters in the City of Hamilton! This is not a small feat, especially amidst the unfortunate closure of various agencies, which will prove devastating for communities. We hear the impact on our crisis support line and in counselling sessions, we see the impact as we engage in community outreach through our Public Education and Diverse Communities Outreach Programs, we feel the impact as our programs and services continue to be high in demand and our waitlists increase. We know survivors are reaching out more and more to receive services and we will continue working hard to advocate for increased funding so that all survivors have access to the timely supports they deserve. As such, we thank City Council for its support and for echoing the calls of the Cities of Kingston, Muskoka Parry Sound, Kitchener Waterloo, the Town of Whitchurch-Stouffville, and the Town of Aurora to show their commitment to Survivors of Sexual violence by writing a letter to the Provincial government advocating for increased and permanent funding for our center.

As we returned to in person services, we were excited to return to an in person Take Back the Night that brought back the march, had all four lanes of traffic available for participants to take up, and one that welcomed and included people of all genders! This was truly a historical TBTN, that in its 41 years of existence continues to be a space that demands safety for all people and now also prioritizes an intersectional understanding of sexual violence and street harassment, by ensuring that voices of all genders are included and feel safe and welcome to march and reclaim space. We were joined by over 800 people throughout the event that culminated in the best TBTN march we have had. We are enthusiastic for what is to come next year!

Thank you to our volunteers, community partners, and donors. Thank you to our community for always showing up! We all have a role to play in ending sexual violence and as a community we will get there.

You are not Alone!
We Believe Survivors!

We are pleased to offer you the following highlights of SACHA's work with survivors and within the community for 2022/2023:

Service Delivery

9,078

Volunteer Hours

1014

Participants in Public
Education Presentations

2117

Support Line Contacts

276

People in Counselling

600

TBTN Attendees

157

Participants in Groups

DCOP

The Diverse Communities Outreach Program seeks to develop programming for survivors of sexual violence across Hamilton who often have to navigate many systemic barriers and oppressive structures. This can include oppression of all forms, lack of access to services due to language barriers, precarious housing status, class, disability etc. Through the DCOP program, we have collaborated with service providers across Hamilton to put on events, we have provided groups workshops, tabled at events all across the community and offered 1 on 1 advocacy to survivors in Hamilton.

During this last year we hosted:

- Sewing Circle for Muslim Women in Shelters
- Hosted a Black History Month Coffeehouse with the Hamilton Center for Civic Inclusion and the Disability Justice Network of Ontario
- Hosted a writing workshop for International Women's Day
- Created a Zine with residents living precariously and folks accessing shelters spaces across Hamilton
- Spoke on a panel about how COVID and increased access to technology can transform the work of Sexual Assault Centers
- And more!!

2022/2023

PUBLIC EDUCATION

This year SACHA's Public Education Program shifted back to including in person speaks regularly in addition to continuing to offer virtual options. This also meant an increase in opportunities to table at events and grow our community interactions and awareness of services. Over this fiscal year we received a larger volume a speak requests for smaller audiences but on more specific and specialized topics that all for good opportunities to center the use of an anti-racist, anti-oppressive framework when supporting survivors and working against sexual violence. In total Public Education facilitated 45 speaks with 1014 participants. Another trend we noticed in our work this year was an increase in requests to consult on polices around sexual violence. This has contrivuted to our recent work in building stronger partnerships with school boards and post-secondary institutions that we are hopeful will lead to more opportunities for direct education with youth and awareness in the coming years.


Public Education Particpant Quote:

"I just wanted to reach out quickly to appreciate your time and energy once again. You're a fantastic facilitator, as I said that is hands down the best session on sexual violence I've ever been a part of both in terms of content and framing and the way that you facilitated it. Everything was thoughtful and nuanced, I'm so glad I got to learn from you tonight. As a survivor myself, it was refreshing, holistic, and I want to say even a bit healing."

CRISIS SUPPORT PROGRAM

In 2022/23 SACHA's Crisis Support Program had 2013 contacts with survivors and their allies on the 24-Hour Support Line, and 104 contacts on the WebChat & Text support Service, now in its second year of operation with a limited number of weekly shifts.

This was a year of volunteers' lives picking up post-COVID, and of staffing changes on the 24-Hour Support Line. In line with labour law, we have changed our system for shift coverage, with staff now responsible for work hours; our dedicated volunteers have adjusted to covering the line after-hours. Volunteers continue to be an indispensable part of the Crisis Support Program: a total of 46 trained crisis support volunteers gave 9,078 hours this year, supporting survivors and each other, building community, helping to improve the program, receiving in-service training, and, significantly helping to screen, train and onboard new volunteers.

Two decorative sprigs of lavender flowers, one on the left and one on the right, framing the text below.

From Caller's Feedback:

"I needed to cry. I was embarrassed to do so but the person on the other end let me know it was ok. I cried with her just listening to me and telling me that I wasn't alone and she was listening and keeping space for me for almost 45 minutes. I really needed that cry, thank you."

"I know I have someone to listen to me when I need it. You are the only line that takes me seriously and does not make me feel like I am being judged or rushed off of the phone because what I am saying is not important."

COUNSELLING & ADVOCACY

Individual Counselling

Our counselling team which consists of 2 full-time and one part-time counsellors offer services to anyone 16-years and older who are survivors of sexual violence and looking to work on healing. This year we completed 171 intakes and removed 111 service users from our waitlist and provided 662 hours of counselling services.

Group Counselling

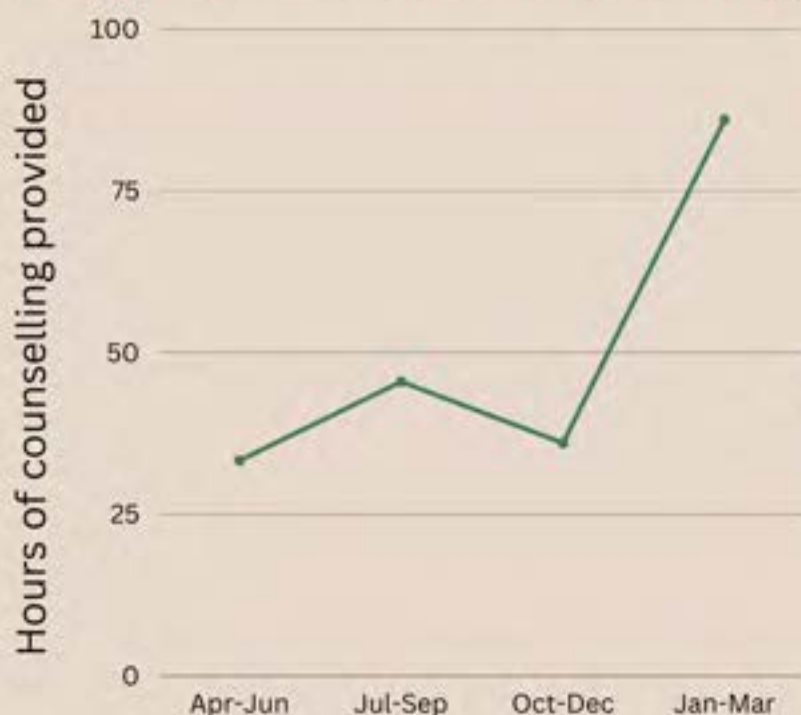
We provided two different groups in 2022-2023 both were open to all genders, one where participants were 30 years old or older. One group focused on Navigating Intimate Partnerships and the other one was You are not Alone which was a group for adults who experienced childhood sexual abuse.



SEX-TRAFFICKING SURVIVOR COUNSELLING PROGRAM

The Sex-Trafficking Survivor Counselling program is SACHA's newest program. SACHA received funding in 2021 to begin this program. Our part time counsellor started in January 2022.

STSC offers counselling to anyone age 16+ in Hamilton who has previously experienced sex-trafficking.



*Total
(for the
year) is
over 200
hours.*

Our Service Users include a wide range of people, including racialized, Indigenous, and LGBTQ folks and people with disabilities. Our service users this year range in age from their 20s to 60s.

Revolution Rooted In Love

TAKE BACK THE NIGHT



Our theme was 'Revolution Rooted in Love' to honour both the roots of the event and dream as a community where we can grow from here. All acts of revolution stem from love, and ours is no exception.

For the first time since 2019 we returned to an in person event and for the first time since 2018 we marched!

It has been a beautiful experience to see TBTN continue to grow in many ways. This included an official change to make the event open to all genders.

Another wonderful change to the event included extending the community gathering prior to the march and hosting the first ever TBTN Indigenous Market!

We also had a huge community presence represented in the tabling portion of the event with over 40 tables present from services and grassroots organizations.

In total we had over 600 community members participate in TBTN 2022!

STAFF

Amy Pellarin	Counselling & Advocacy Program Coordinator
Htee Naw Pa Saw	Financial Coordinator
Jessica Bonilla-Dampney	Director
Julie Buffett	Sex-Trafficking Survivor Counselling Program Coordinator
Maria Contreras*	Office Coordinator
Maria del Carmen Sarmiento*	Counselling & Advocacy Program Coordinator
Miranda Jurilj	Public Education Coordinator
Miriam Sager	Crisis Support Program Coordinator
Rand Clayton	Counselling & Advocacy Program Coordinator
Robin Lacambra	Counselling & Advocacy Program Coordinator
Sabreina Dahab	Diverse Communities Outreach Program Coordinator
Sarah Adjekum*	Counselling & Advocacy Program Coordinator
Sonia Renwick	Office Coordinator
Sophia Coley	Program Support Worker - Crisis Support Program

*Resigned during the year

CONTRACT POSITIONS

Judy Thorne	Bookkeeper
Rocco Gizarelli	Consultant, Services for Male Survivors
Trisha Nightingale*	Bookkeeper

*Resigned during the year



VOLUNTEERS

MANAGEMENT COMMITTEE

Ashley Wilson

Caitlin Craven, Chair

Candace Oghide

Elisa Grunwald

Harjot Atwal

Jennifer Gal

Maddie Brockbank, Secretary

Maria-Felix Miller

Mariam Georgis

Peggy McGillicuddy, Treasurer

Sherly Kyrokis



FUNDRAISING COMMITTEE

Amy Pellarin (staff)

Harjot Atwal, Chair

Htee Naw Pa Saw (staff)

Jessica Bonilla-Dampney (staff)

Maddie Brockbank

Maria Contreras* (staff)

Miranda Jurilj (staff)

Sonia Renwick (staff)

*Resigned during the year

FINANCE COMMITTEE

Carol Sheppard

Htee Naw Pa Saw (staff)

Jessica Bonilla-Dampney (staff)

Maria Felix Miller

Peggy McGillicuddy (chair)



TAKE BACK THE NIGHT COMMITTEE

Aimee Holme
Amber Johnson
Caitlin Chee
Chelsey Norbruis
Gachi Issa
Jay Edington
Julie Buffett
Maddie Brockbank

Miranda Jurilj (Chair)
Natalie Gonsalves
Nina Tran
Rachel Dass
Sabreina Dahab (Co-Chair)
Salma M
Shannon Harvey



CRISIS SUPPORT PROGRAM VOLUNTEERS

Alexandra Pickett*

Alexis Meyers

Alina Millar*

Alina Zaidi

Alyssa DeAngelis

Andie Rexdiemer

Brienne (Brie) Camani

Candice Chiu

Cindy Chin*

Crystal Senior*

Dana Muma*

Elly Desson

Emma (Bhavia) Sood

Ingrid Waisgluss

Jasmine Dong*

Jessica Merolli

Kailey Cutillo

Karen Sofia Herrera Vargas

Karishma Mehta

Kavisha Barran

Katerina Simatirakis*

Kowsiga (Kowski) Aravinthan

Kristen Rasmussen

Liah Rahman

Lillian (Lillie) Matevossian

Liberty L.*

Lorraine Rollo*

Maddy Say*

Madeleine L.*

Maria Gaydrova

Maria Teresa Mercado Loaiza

Mary Prum

Natalie Stravens

Natasha Bauer-Maison*

Rachel Dass

Samia Anwar

Sammah Yahya*

Sanjum Hunjan

Sarah Dawson*

Selena Meng

Sohnia Sansanwal

Sydney (Syd) Johnson

Sylvie C.*

T.J (Taylor Jade Andersson)

Vicki (Victoria) Lamond

*Resigned during the year



SPECIAL RECOGNITION

5 YEAR VOLUNTEERS

Alyssa DeAngelis
Caitlin Craven





Thank you!

For being a part of SACHA!

For your time, energy, & talents!

For your commitment to the community!

For showing up & taking care
of each other!

For believing survivors!

THANK YOU TO OUR FUNDERS



United Way
Halton & Hamilton



Hamilton



CANADIAN
WOMEN'S
FOUNDATION



Ontario

MINISTRY OF CHILDREN,
COMMUNITY AND SOCIAL SERVICES

MINISTÈRE DES SERVICES À
L'ENFANCE ET DES SERVICES
SOCIAUX ET COMMUNAUTAIRES



Thank you to the team at
Jane for your ongoing support!

A very special thank you to all of our
donors & community members
who have contributed to SACHA in 2022-2023!

SEXUAL ASSAULT CENTRE (HAMILTON & AREA)

Statement of Financial Position

March 31, 2023

	2023	2022
ASSETS		
CURRENT		
Cash	\$ 84,023	\$ 96,463
Term deposits	40,427	20,289
Accounts receivable	5,421	6,075
Harmonized sales tax recoverable	12,576	6,497
Prepaid expenses	1,695	3,377
	<u>144,142</u>	<u>132,701</u>
RESTRICTED FUNDS	11,422	11,372
EQUIPMENT	<u>1,102</u>	<u>2,204</u>
	<u>\$ 156,666</u>	<u>\$ 146,277</u>
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable and accrued liabilities	\$ 21,398	\$ 34,013
Employee deductions payable	19,390	20,133
Deferred contributions	27,000	1,970
	<u>67,788</u>	<u>56,116</u>
NET ASSETS		
General fund	67,449	68,790
Stabilization and capital fund	<u>21,429</u>	<u>21,371</u>
	<u>88,878</u>	<u>90,161</u>
	<u>\$ 156,666</u>	<u>\$ 146,277</u>



SEXUAL ASSAULT CENTRE (HAMILTON & AREA)

Statement of Revenues and Expenditures
Year Ended March 31, 2023

	2023	2022
REVENUE		
Ministry of Children Community and Social Services		
- Victim Services	\$ 468,743	\$ -
- Anti-Human Trafficking	45,700	41,900
Ministry of Attorney General - Victim Services	-	468,743
Canadian Women's Foundation	118,440	64,610
Donations	64,583	55,470
United Way of Halton & Hamilton	58,096	58,514
City of Hamilton	53,913	54,991
Other income	18,653	17,724
Funding for Male Survivors Program	10,929	10,264
Fundraising	1,140	1,305
Hamilton Community Foundation	-	64,480
	<u>840,197</u>	<u>838,001</u>
EXPENSES		
Salaries & benefits	627,747	561,151
Program expenses	61,327	78,633
Rent	48,082	46,681
Consulting fees	26,414	54,750
Equipment & services	23,022	14,120
Grounds & maintenance	9,525	12,929
Telephone	9,054	15,106
Insurance	9,051	7,562
Professional fees	5,000	4,500
Travel & meetings	4,926	2,462
Other wages	3,664	1,503
Non-recoverable HST	2,649	2,839
Other administrative expense	2,591	2,733
Publicity expenses	2,158	4,151
Membership	2,000	2,000
Office supplies	1,564	9,848
Staff development	1,246	3,971
Amortization	1,102	1,102
Fundraising expenses	358	715
	<u>841,480</u>	<u>826,756</u>
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES	<u>\$ (1,283)</u>	<u>\$ 11,245</u>

Both reports include financial information extracted from Statements audited by Guyatt+Mofatt Chartered Accountants. Complete Financial Statements are available upon request.

