

The logo for SACHA Sexual Assault Centre. The word "SACHA" is written in a large, bold, green, sans-serif font. Below it is a green wavy line. To the right of "SACHA", the words "SEXUAL ASSAULT CENTRE" are written in a smaller, dark blue, sans-serif font, stacked in three lines.

SACHA SEXUAL
ASSAULT
CENTRE

ANNUAL REPORT

2021/2022

FOR MORE INFORMATION:
sacha.ca

Connect with us



<https://www.facebook.com/sachamilton>



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https://www.youtube.com/channel/UCkMkbP_3mDAwh3tUjeqdgmQ/featured



<https://www.instagram.com/SACHAhamont>



A Message from Caitlin Craven, Chair of Management Committee & Jessica Bonilla-Dampney, Director

Dear friends, supporters and community members,

2021 – 2022 has proven to be another incredible year filled with support, resistance, resilience and hope. The year began with media reports of sexual violence in the restaurant industry, while shocking to some in Hamilton at SACHA we know that sexual violence is prevalent in workplaces. In response to these incidents community members, community organizations, businesses in the service industry and SACHA rallied with hope to ensure that survivors are centred, survivors are heard, and survivors are supported. This work was captured by social media messages of hope from survivors and community members as seen on page two of this report.

Our crisis support line and chat and text platforms hit record levels of community members reaching out for support. Counselling and advocacy intakes and waitlists continue to grow and requests for public education are constantly coming in. Because as your local sexual assault centre and subject matter experts we are trusted by community for support, for education, for workshops and responding to media requests.

Based on our work in community and the importance of sexual violence prevention work in Hamilton we have received funding from the Ministry of Children Community and Social Services to expand our services to include the Sex Trafficking Survivors Counselling program. This program is open to survivors who have recently or previously exited sex-trafficking. Services are available through self-referral and free of charge. Our newest counsellor has been busy with community outreach to ensure the supports offered by SACHA are known. She has started supporting survivors and we are looking forward to connecting with more community members.

This year our center engaged in a strategic planning process. We are thankful to have worked with Ruth Cameron Consulting to reflect on SACHA's theirstory, to reflect on our resilience as a small organization, to think about our present, and dream about what the next five years will look like. We know the work we do at SACHA is essential to the safety and wellbeing of our communities in the City of Hamilton, and we want to ensure that it is always done in a good way that is reflective of the

communities we live in, work with and serve. Three strategic priorities emerged:

- Enhancing local awareness of our organizational mandate and programs to facilitate access for most-marginalized communities and prevention and support-based impact.
- Growing our intentional supportive counselling, peer-to-peer, mutual support and group counselling, in-person and digital communities of practice and resistance to mitigate and eliminate rape culture.
- Scaling our operational resources across multiple funders and increasing fundraising efforts to create opportunities for a broad range of new donors to support the organization.

With these priorities in our backpacks, along with our mission, vision and values, support from and feedback from our communities we will continue to work towards a world free from violence and oppression.

Thank you to our volunteers, community partners and donors. Thank you to community for always showing up! Your ongoing efforts allow us to continue to support survivors of sexualized violence in a trauma informed, survivor centered manner.

You are not Alone!
We Believe Survivors!

We are pleased to offer you the following highlights of SACHA's work with survivors and within the community for 2021/2022:

SERVICE DELIVERY

12,022

Volunteer Hours

10,605

Participants in Public Education Presentations

2,069

Support Line Contacts

176

People in Counselling

400

TBTN Attendees

47

Participants in Groups



DIVERSE COMMUNITIES OUTREACH PROGRAM (DCOP)


WHAT IS DCOP?

The Diverse Communities Outreach Program recognizes the barriers that exist for survivors of sexual violence from Hamilton's diverse racial and cultural communities. This program works to bridge those gaps by creating spaces for Black, racialized and Indigenous survivors.

WHAT HAS DCOP BEEN WORKING ON?

- Brave Space Support Group for Muslim Women . This was a collaboration with the Hamilton Center for Civic Inclusion and ABRAR Mental Health
- Blooming Safely in the Body: A four week program to explore how to use agency and experience as tools for healing, open to all BIPOC survivors. This was a collaboration with Good Body Feel
- Black, Disabled and Gendered - A drop in peer support group for Black, Gendered and Disabled survivors. In collaboration with The Disability Justice Network of Ontario
- International Women's Day - A Panel collaboration with multiple shelters and Women's agencies across the City of Hamilton
- International Women's Day Colouring Book. The Curation of a Coloring Book in collaboration with the Workers Arts and Heritage Centre
- And More!

WHAT IS DCOP WORKING ON?

- Zine Project in collaboration with Unsheltered for people experiencing gender-based homelessness.
 - New sewing circle for immigrant Muslim women and bringing back multicultural sewing circle
 - DCOP Advocacy program
 - Take Back the Night
 - And More!
- 



Public Education 2021/2022

About the Program

The public education program offers workshops, trainings, and speaks to people of all ages and genders. Every speak is customized to the audience and their particular needs. This year we presented to schools (elementary, high school, and post-secondary), unions, local businesses, non-profits, volunteer leadership groups. and more! Common topics include Bystander Intervention, Healthy Relationships, Trauma-Informed Care and Understanding Sexual Violence, Power, and Oppression.

Social Media

We have identified five main categories of posts that we are focusing on on social media. They are as follows:

1. Validation and Support
2. Promotion of Events and Services
3. Awareness and Action Days
4. Current Events and Community Engagement
5. Direct Education Infographics

Highlights

More School-Wide Education

More opportunities to speak with all the students in various schools in both HWDSB and HCDSB

SVPM 2021 Feminist Trivia Night

An exciting and educational event in collaboration with Broad Conversations

Diversified Speaks Topics

Presentations on more customized and nuanced topics relating to sexual violence

Showcased in a Documentary

Brought more awareness to SACHA by appearing in a movie about victim-blaming

Key Statistics

- 10,534 participants
- ↳ Increased 13x more than last year
- 94 presentations
- ↳ Increased 2x more than last year
- 112 hours giving presentations
- ↳ Increased 1.5x more than last year

Crisis Support Program



2069
contacts with survivors

Thank you volunteers!

The Crisis Support Program depends on a team of skilled, compassionate, and dedicated volunteers. Volunteers spent 1096 hours providing emotional support, information, and accompaniment to survivors and their allies. Beyond responding to calls and chats, volunteers also dedicate time and energy to peer support, co-facilitating training, making training materials more accessible, learning how to provide support over the Chat, and assisting with other aspects of the program.

nearly
12,000
total volunteer hours



This was the first year of the WebChat & Text Support Service, and support seekers are using the service in many unique and creative ways. People have discreetly accessed support at work, parties, and while caring for their kids. It has also been accessible for people without private space, due to COVID or because they normally share living space with others.

Counselling and Advocacy Program

Completed 141
intakes

Services
provided over
the phone,
zoom, Jane, and
Remoteemdr
platform

We've provided
counselling to
174 service
users

Increase in interest in groups- Responding to this need, 2 counsellors have initiated development of a group for survivors of childhood sexual assault, this group is to start in May 2022.



THE STSC PROGRAM AND ITS DEVELOPMENT

The Sex-Trafficking Survivor Counselling program is SACHA's newest program. SACHA received funding in 2021 to begin this program. We hired a part time counsellor, who started in January 2022. In addition, our Public Educator and other SACHA staff have worked to create and promote the program. STSC offers counselling to anyone age 16+ in the Hamilton area who has previously experienced sex-trafficking.

As part of the development of this program, SACHA staff received a number of trainings about human trafficking and sex work, including from the Sexual Assault Support Centre of Waterloo Region (SASC Waterloo), the Sex Workers' Action Program of Hamilton (SWAP Hamilton), and Butterfly Asian and Migrant Sex Workers Support Network. Our crisis line volunteers have also been offered some of this training. In addition, our STSC counsellor has taken a number of specific trainings about Sex-Trafficking and has joined the Hamilton Anti-Human Trafficking Coalition.



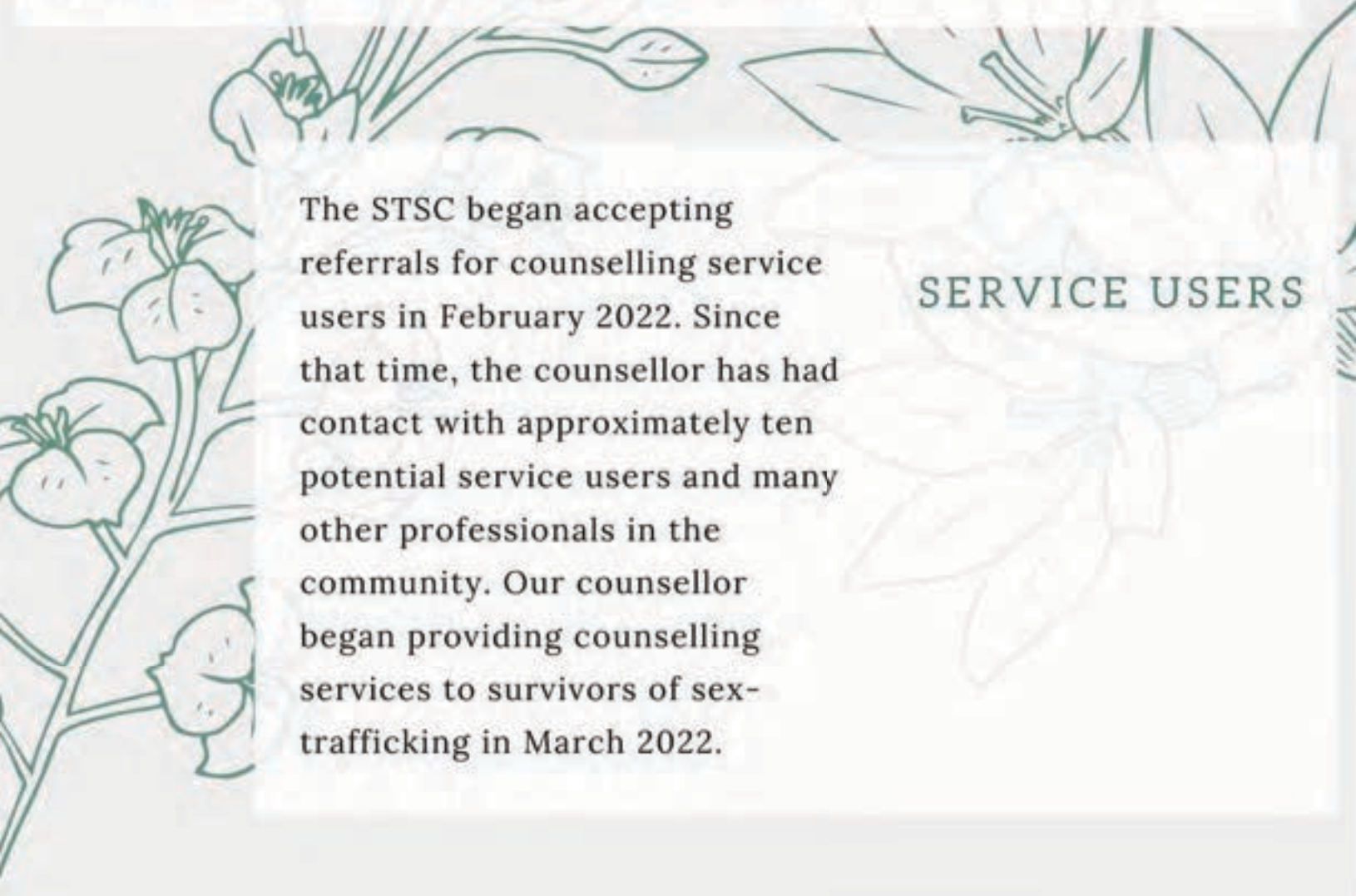
SEX-TRAFFICKING SURVIVOR COUNSELLING PROGRAM

PROMOTION

So far in 2022, we have:

- put up 75 posters in the community
- distributed over two thousand info cards for various community partners to give out to potential service users
- created promotional lip balms and distributed over 300 up to this point
- given out 80 posters to community partners

We have also used boosted social media posts, sent out many email notices and electronic posters, and had an ad in the Hamilton Spectator. Also in development: an advertisement that will be displayed inside public transit buses for eight weeks this spring.

A decorative illustration of a plant with several large, rounded leaves and small, bell-shaped flowers. The drawing is done in a simple, line-art style with a light green color. It is positioned on the left side of the page, partially overlapping the 'SERVICE USERS' section.

The STSC began accepting referrals for counselling service users in February 2022. Since that time, the counsellor has had contact with approximately ten potential service users and many other professionals in the community. Our counsellor began providing counselling services to survivors of sex-trafficking in March 2022.

SERVICE USERS

Taking Back the Night

Our Stolen Land



Take Back the Night 2021

Our theme this year was 'Taking Back The Night On Stolen Land' to center Indigenous women, Two-Spirit, and gender diverse people and bring awareness to how ongoing colonization leads to the high rates of sexual violence, gender-based violence and street harassment against Indigenous peoples while also to being celebration of resistance, art, knowledge, and community. We did this through having multiple event leading up to and following our virtual video premiere. Prior to the video premiere we hosted a 'Male Allies Against Gender-Based Violence Workshop', a community space called 'Finding Your Voice Writing Workshop with Michelle Thomas (an Indigenous Poet), and a Survivors Support and Solidarity Space. Next we virtually joined with over 400 community members to watch the TBTN video which featured members of Indigenous communities sharing songs, videos, and powerful calls to action. During the video we also called on community members to send messages of love to Indigenous youth and following the video organized a Indigenous Youth Support Space for folks to gather together together to share and find community. We are so happy to see the community come together virtually again for TBTN but cannot wait to be in person again soon!

Staff

Amy Pellarin
Danielle Boissoneau*
Diane Sharp*
Htee Naw Pa Saw
Jessica Bonilla-Dampney
Maria Contreras
Maria del Carmen Sarmiento
Miranda Jurilj
Miriam Sager
Sabreina Dahab
Sarah Adjekum

* Resigned during the year

Counselling & Advocacy
Diverse Communities Outreach Coordinator
Counselling & Advocacy Coordinator
Financial Coordinator
Director
Office Coordinator
Counselling & Advocacy Coordinator
Public Education Coordinator
Crisis Support Line Coordinator
Diverse Communities Outreach Coordinator
Counselling & Advocacy

Contract Positions

Rocco Gizzarelli
Sophia Topper
Trisha Nightingale

Consultant, Services for Male Survivors
Program Support Worker for Chat/Text
Bookkeeper

Volunteers

Management Committee

Ashley Wilson
Caitlin Craven, Chair
Harjot Atwal
Maria Felix Miller
Peggy McGillicuddy, Treasurer

* Resigned during the year

Candace Oghide
Elisa Martha Grunwald
Madison Brockbank, Secretary
Nora Richter*

Fundraising Committee

Amanda Walters
Jessica Bonilla-Dampney (Staff)
Miranda Jurilj (Staff)
Nora Richter*

* Resigned during the year

Harjot Atwal, Chair
Maria Contreras (Staff)
Naw Pa Saw Htee (Staff)
Sarah Cifani

Finance Committee

Carol Sheppard
Maria Felix Miller
Peggy McGillicuddy, Chair

Jessica Bonilla-Dampney (Staff)
Naw Pa Saw Htee (Staff)

Take Back the Night Committee

Aileen Duncan

Arijana Palme

Chantel Huszar

Jessica Bonilla-Damptey (Staff)

Karly (Interval House of Hamilton)

Miranda Jurilj, Staff

Nina Tran

Rachel Dass (SACHA)

Amy Pellarin (Staff)

Ashlee Meakings

Jay Edington (Hamilton & District Labour Council)

Joan Frame (Sisters in Spirit Committee)

Maddie Brockbank (SACHA Management Committee)

Niki Brideau

Paula Whitlow (Native Women's Centre)

Sarah Adjekum (SACHA)

Crisis Support Program Volunteers

Abeer Ahmad

Alice Cavanagh

Alyssa DeAngelis

Bridget Timmins

Cindy Chin

Dev R.

Emma Sood

Jasmine Dong

Joanne H.

Karishma Mehta

Katerina Simantirakis

Lochana K.

Madison Voelk

Maria Sunil

Melissa Elliott

Natasha Bauer-Maison

Sanjum Hunjan

Sophia Topper

Victoria Charron

Alexandra Pickett

Alina Millar

Alyssa Hiemstra

Brienne C.

Dana Muma

Emily Chambers

Esther Eruysal

Jessica Merolli

Julia Vanderluit

Kavisha Barran

Liah Rahman

Lorraine Rollo

Maria Paz Villar

Mary Prum

Meryam Qaderi

Rachel Dass

Sarah Dawson

Sydney Johnson

Vicki Lamond

Alexis Meyers

Alina Zaidi

Amanda Ayer

Candice Chiu

Darby A.

Emily Panousis

Julie Freeman

Jihyn Sung

Kailey Cutillo

Katelyn McLeod

Liberty L.

Madeleine L.

Maria G.

Mehrunissa Shiraz

Nandini Thiyagarajan

Sammah Yahya

Selena M.

Sylvie C.

Victoria Thambiah

Recognition

5-year volunteers

Amanda Walters

Peggy McGillicuddy

Sarah Cifani





Thank you!

For being a part of SACHA.
For your time, energy & talents!
For your your commitment to
community!
For showing up & taking care of
each other.
For believing survivors!

THANK YOU TO OUR FUNDERS



Ministry of the Attorney General
Victims and Vulnerable Persons
Division



City of Hamilton



United Way of Halton & Hamilton



Ministry of Children, Community
and Social Services



Canadian Women's Foundation



Hamilton Community Foundation

Thank you to the team at
JANE for your ongoing
support



Jane App

**Special thanks to all SACHA donors
and supporters**

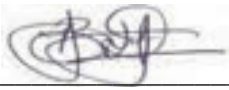
SEXUAL ASSAULT CENTRE (HAMILTON & AREA)

Statement of Financial Position


March 31, 2022

	2022	2021
ASSETS		
CURRENT		
Cash (Note 3)	\$ 96,463	\$ 129,388
Term deposits	20,289	20,269
Accounts receivable	6,075	4,700
Harmonized sales tax recoverable	6,497	6,372
Prepaid expenses	3,377	1,873
	<u>132,701</u>	<u>162,602</u>
RESTRICTED FUNDS (Note 4)	11,372	11,316
EQUIPMENT (Note 5)	2,204	-
	<u>\$ 146,277</u>	<u>\$ 173,918</u>
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable and accrued liabilities	\$ 34,013	\$ 28,178
Employee deductions payable	20,133	12,174
Deferred contributions (Note 6)	1,970	54,650
	<u>56,116</u>	<u>95,002</u>
NET ASSETS		
General fund	68,790	57,601
Stabilization and capital fund	21,371	21,315
	<u>90,161</u>	<u>78,916</u>
	<u>\$ 146,277</u>	<u>\$ 173,918</u>

APPROVED ON BEHALF OF THE BOARD



Director



Director

The Report includes financial information extracted from Statements audited by Guyatt+Mofatt Chartered Accountant. Complete Financial Statements are available upon request.

SEXUAL ASSAULT CENTRE (HAMILTON & AREA)**Statement of Revenues and Expenditures****Year Ended March 31, 2022**

	2022	2021
REVENUE		
Ministry of the Attorney General - Victim Services	\$ 468,743	\$ 468,743
Ministry of Children Community and Social Services	41,900	51,500
Canadian Women's Foundation (Covid-19 Emergency Federal Funding)	64,610	42,415
Hamilton Community Foundation	64,480	5,000
United Way of Halton & Hamilton	58,514	50,519
City of Hamilton	54,991	54,991
Donations	55,470	52,989
Other income (Note 7)	17,724	19,199
Funding for Male Survivors Program	10,264	10,490
Fundraising (Note 8)	1,305	5,350
United Way Halton & Hamilton - Emergency Relief	-	23,621
	<u>838,001</u>	<u>784,817</u>
EXPENSES		
Salaries & benefits	561,151	577,861
Program expenses	78,633	54,289
Consulting fees	54,750	29,451
Rent	46,681	45,321
Telephone	15,106	14,184
Equipment & services	14,120	24,756
Grounds & maintenance	12,929	10,593
Office supplies	9,848	15,074
Insurance	7,562	6,971
Professional fees	4,500	4,000
Publicity expenses	4,151	923
Staff development	3,971	2,174
Non-recoverable HST	2,839	2,777
Other administrative expense	2,733	2,866
Travel & meetings	2,462	2,504
Membership	2,000	2,050
Other wages	1,503	4,227
Amortization	1,102	-
Fundraising expenses	715	-
	<u>826,756</u>	<u>800,021</u>
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES FROM OPERATIONS	11,245	(15,204)
TEMPORARY WAGE SUBSIDY (Note 9)	-	12,596
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES	\$ 11,245	\$ (2,608)

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