

Annual Report 2012



A Message from Medora Uppal, Chair Management Committee

It has been an honour to be part of SACHA's Management Committee for the last 8 years and although I have completed the maximum number of terms allowed, I will be leaving SACHA with great pride. Since beginning my volunteer tenure in January 2004 I have seen much to inspire. SACHA has experienced tremendous growth in our services, expanded our programming space, began offering on-site services for male survivors, increased our staffing complement, piloted a number of new and exciting programs, celebrated our 35th anniversary (2010) and 30th anniversary of Take Back the Night (2011), won a number of awards including a local "Women of Distinction" and a Provincial "Attorney General's Victim Services Award of Distinction", and engaged in many initiatives and campaigns to end gendered violence. I look forward to seeing SACHA's progress over the years to come...

A Message from Lenore Lukasik-Foss, Director

2011-2012 was an exciting and interesting year at SACHA and within the broader anti-violence movement. The following are highlights:

Services to Male Survivors

SACHA was thrilled to begin offering face-to-face counselling services for male survivors of sexual violence in July 2011. Since the inception of this programme we have offered services to approximately 55 men. SACHA also partnered with the Centre de Santé Communautaire and the Hamilton and Regional Indian Centre to ensure a broader range of accessible services for men. We look forward to launching a poster campaign for male survivors in 2012.

SACHA Support Line Volunteers Win Provincial Award

In 2011/12 SACHA volunteers offered over 11,025 hours of support to our organization - with the Crisis Support Program (CSP) volunteers offering approximately 93% of the total hours. Truly, SACHA's 24-hour Support Line would not exist without our amazing volunteers! In recognition of their skills, dedication, passion and generosity, SACHA's CSP volunteers won the "Attorney General's Victim Services Award of Distinction" in the categories of "Service providers who deliver exceptional services to victims of crime" and "Volunteers who offer their time and personal resources to help victims". Congratulations to the over 35 women who ensure our 24-Hour Support Line is there to assist all survivors of sexual violence and their supporters (families, friends, helpers).

In the words of one caller:

"I am alive today because of SACHA. Your line makes such a big difference in my life - as between life and death."

SlutWalk Hamilton (and beyond)

In 2011, a Toronto Police Constable stated, "women should avoid dressing like sluts in order not to be victimized". In response to this comment and a widespread culture of victim-blaming, the first SlutWalk protest occurred in Toronto in April 2011 and sparked an international movement. Hamilton's first SlutWalk happened on June 5th and drew hundreds of supporters. While there are dissenting opinions on the use of the term "slut" and some of the SlutWalk messaging, many agree with feminist writer, Jessica Valenti's comment that "SlutWalks have become the most successful feminist action of the past 20 years". SACHA recognizes that SlutWalk does not resonate for all; however, we are thrilled that it has sparked renewed discussions around sexual violence, victim-blaming, rape myths and gendered violence. SACHA has attended SlutWalks in both Hamilton and Toronto and offered support to local SlutWalk organizers.

Friends of SACHA

Finally, I wish to thank the numerous and generous "Friends of SACHA" – the individuals, groups and businesses who donated their money and time to our organization. We could not do our work without your support. Thanks for believing in the work of SACHA!

Service Delivery

Programme	Statistics
Support Line	1156 calls – 40% increase from 2010/11
Counselling & Advocacy	
- Number of Women	297
- Number of Contacts	1576
Public Education	2763 participants
Information and Referrals	2064 requests
Diverse Community Outreach	
- Number of Women	96
- Number of Contacts	695
- Outreach	1000 participants

Volunteer Hours

Programme	Hours
Crisis Support Programme: Support Line	8408
Administration	954
Training	1664
Total	11026

Staff & Volunteers

Staff

Elizabeth Albrecht-Maracle, Counselling and Advocacy Programme
 Maria Contreras, Office Coordinator
 Erin Crickett, Public Education Programme
 Htee, Naw Pa Saw, Financial Coordinator
 Sandra Lemus, Diverse Communities Outreach Programme
 Leslie Lamont, Chocolate Fest Event Coordinator
 Lenore Lukasik-Foss, Director
 Trisha Nightingale, Bookkeeper
 Miriam Sager, Crisis/Support Programme
 Maria del Carmen Sarmiento, Counselling and Advocacy Programme
 Diane Sharp, Counselling & Advocacy Programme
 Krista Warnke, Public Education Programme

Sewing Circle Facilitators
 Hilda Maria Arango Cuartas
 Mayada Zokari

Somali Group Facilitators
 Deqa Osman
 Shamsu Elmi

Child Minders
 Elizabeth Castellanos
 Irene Curbelo
 Peihua Tan

Volunteers

Diverse Communities Outreach Programme

Hilda Maria Arango Cuartas	Ngozi Iyamah
Karina Echeverria	Olga Fuentes
Miracle Chukwu	Sevim Onuralp
Ngami Iyamah	Teodora Berrios

International Women's Day Committee 2012

AIDS Network of Hamilton - Debora Stinson	Women's Centre of Hamilton - Deborah Martin
Centre Francais - Ida Tshombe	YWCA Hamilton - Marnie Warman, Rana Aldibs
Good Shepherd Women's Services - Cynthia Kandy	Community Members - Miracle Chukwu, Debbie Wooldridge,
We Speak Turkish Women Society of Canada - Sevim Onuralp	Ngozi Iyamah, Pauline Roberts

Take Back the Night Committee 2011

Aileen Duncan	Christine Gibson	Jennifer Rollings	Lindsay Smith
Amelia Herman	Debbie Wooldridge	Jessica Beer	Lisa Boucher
Andrea Krock	Eileen Griffett	Karla Anne	Patty Reece
Caroline Fram	Jennifer Gibbs	Laura Smith	Tristan Dart

Crisis Support Program Volunteers

Alicia Ziemiak	Jennifer Gibbs	Olivia Chevez
Allana Beavis	Jessica Bonilla-Dampney	Aidan Oczkowski
Andrea Krock	Julie Buffett	Patricia Reece
Annette	Julie Cule	Rebecca Schultz
Carolyn Piccinin	Kelly	Samantha Lauzon
Catherine Bowser	Kelsey Norlund	Shabeeh Ahmad
Cindy Smith	Laura Buchner	Shannon Jamieson
Dana Muma	Laura Roughley	Sherry Ives
Devon R	Lavanya Ravichandran	Sonia Start
Eileen Griffett	Lindsay Dobroski	Stacey den Boer
Erin Ellison	Lisa Boucher	Stena Sothiratnam
Gwen Sharp	Margi Ende	Stephanie H
Hanna Meng	Maryann Hall	Wanda Truong
Holly B	Michelle Clay	Wendy Cui
Jacqueline de Schutter	Natasha Gandhi	Wendy Wilson

Management Committee

Eileen Griffett	Medora Uppal, Chair	Umeshaa Pararajasingham**
Dr. Laila Afroz*	Molly Elliott, Treasurer	
Lynn Lohfield**	Rachel Puttock	* Resigned during the year;
Maria Khoushood**	Sarah Patterson, Past –	**Appointed
Meaghan Ross**	Chair*	

MC Sub-Committees

Fundraising Committee

Alexis Fletcher	Jodi Goodram	Mallika Kapur
Carrie Bullard	Lisa-Marie Hill	Maria Contreras, Staff
Emily Ecker	Lenore Lukasik-Foss, Staff	Molly Elliot, Chair
Htee, Naw Pa Saw, Staff	Leslie Lamont, Staff	Rosanne Leddy
Holly Vukobrat	Mackenzie Becker	Rachel Puttock

Evaluation Committee

Carol Sheppard
Lenore Lukasik-Foss, Staff

Medora Uppal, Chair
Sandra Lemus, Staff

Personnel Committee

Lenore Lukasik Foss, Staff
Medora Uppal

Senta Allen, Chair

Strategic Planning Committee

Elizabeth Albrecht-Maracle, Staff
Sandra Lemus, Staff
Lenore Lukasik-Foss, Staff

Miriam Sager, Staff
Eileen Griffett, Chair
Umeshaa Pararajasingham

Finance Committee

Carol Sheppard
Htee, Naw Pa Saw, Staff

Lenore Lukasik Foss, Staff
Molly Elliot, Treasurer

Recruitment Committee

Diane Sharp, Staff
Eileen Griffett

Rachel Puttock, Chair



Thank you to our funders:

Ministry of the Attorney General, Victims and Vulnerable Persons Division
United Way of Burlington and Greater Hamilton
City of Hamilton
Ontario Trillium Foundation