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Annual  
Report

2011



## A Message from Medora Uppal, Chair Management Committee

In March 2011, the Provincial Government announced Ontario's Sexual Violence Action Plan to respond to the "...alarming statistics surrounding sexual violence and its prevalence in the lives of far too many women". This four-year plan offers an ambitious set of goals and priorities to prevent sexual violence, improve services and strengthen the criminal justice response. Although many issues remain unaddressed, the Action Plan is a reasonable start.

SACHA applauds the Provincial Government's efforts to address the issue of sexual violence in Ontario and hopes the plan ushers in real and meaningful changes in the lives of survivors. SACHA, working in conjunction with the Ontario Coalition of Rape Crisis Centres, will re-double our efforts to support the Action Plan. We will also work to ensure that, beyond the next four years, the issue of sexual violence does not get lost on the public agenda. Too many lives depend on it.

2010/2011 was an extremely busy year for SACHA. Our modified collective spent much time working towards expanding our support services for male survivors of sexual abuse. We are thrilled that we will be able to offer high-quality, survivor-centred counselling supports to men in our community and are thrilled that our feminist, anti-racist/anti-oppressive framework now includes comprehensive, all gender services.

## A Message from Lenore Lukasik-Foss, Director

2010-2011 brought another year of change and growth at SACHA. The following are highlights of our work:

### Services to Male Survivors

SACHA was part of a successful grant to pilot expanded services to male survivors in our community. Starting July 2011 we will be able to offer individual counselling to male survivors with the support of our partners: Hamilton Regional Indian Centre, Centre de Santé Communautaire, Catholic Family Services and the Sexual Assault/Domestic Violence Care Centre.

### Workplace and Sexual Harassment

With the support of the Ontario Trillium Foundation, we continue work on our 2-year campaign to design and deliver educational sessions and social marketing tools for business and labour sectors on workplace and sexual harassment. We have already forged partnerships with the Hamilton-Wentworth District School Board and Hamilton Police Services as a result of this project.

### SACHA Volunteers

In 2010/11 SACHA volunteers offered over 10,300 hours of support to our organization; truly, SACHA would not exist without our amazing volunteers. I wanted to take a moment to share feedback from one of our Crisis Support Programme volunteers: *"I have volunteered with SACHA for the past six months now, and I cannot express my joy at working for this organization...In addition to the rewarding work that we're given an opportunity to do, SACHA offers its volunteers something rare and valuable: A trust in our judgment, regular training, ongoing support, opportunities for growth, and requests for our voice and feedback that is actually considered on everything from our regular volunteer duties to significant policy changes. Thank you for making this volunteer experience such a rewarding one! I'm looking forward to continuing my work here in this fabulous organization!"*

### 7<sup>th</sup> Annual Chocolate Fest 2011

This year's event was our biggest ever! Over 1000 people were in attendance and we raised more than \$30,000. We also welcomed the Hamilton Spectator, K-Lite FM and Cable 14 as media sponsors. Many thanks for the support of our participating bakeries, chocolatiers, restaurants, event sponsors, silent auction donors and attendees. We hope to see you all on February 9, 2012.

### Friends of SACHA

Finally, I wish to thank the numerous and generous "Friends of SACHA" – the individuals, groups and businesses who donated their money and time to our organization. We could not do our work without your support. Thanks for supporting the important work of SACHA!



## Service Delivery

Programme	Statistics
Crisis Line	830 calls
Counselling & Advocacy	
- Number of Women	283
- Number of Contacts	1280
Public Education	2872 participants
Information and Referrals	1927 requests
Diverse Community Outreach	
- Number of Women	55
- Number of Contacts	673
- Outreach	1161 participants

## Volunteer Hours

Programme	Hours
Crisis Support Programme: Crisis Line	7681
Administration	944
Training	1752
Total	10377

## Staff & Volunteers

### Staff

Maria Contreras, Office Coordinator  
 Erin Crickett, Public Education Programme  
 Htee, Naw Pa Saw, Financial Coordinator  
 Sandra Lemus, Diverse Communities Outreach Programme  
 Lenore Lukasik-Foss, Director  
 Corinne Lye, Chocolate Fest Event Manager  
 Elizabeth Albrecht-Maracle, Counselling and Advocacy  
 Miriam Sager, Crisis/Support Programme  
 Maria del Carmen Sarmiento, Counselling and Advocacy Programme  
 Diane Sharp, Counselling and Advocacy Programme  
 Krista Warnke, Public Education Programme

### Child Minders

Elizabeth Castellanos  
 Peihua Tan

### Multicultural Women's Sewing Circle Facilitators

Hilda Arango  
 Mayada Zokari

### Volunteers

#### Diverse Community Outreach Volunteers

Idaly Montalvo	Natasha Del Prete
Janeth Del Prete	Olga Fuentes
Jessica Del Prete	Olga Mejia
Luz Marina Hernandez	Sevim Onuralp
Maria Isabel Garcia	Teodora Berrios
Nancy Reyes	

### International Women's Day 2011 Committee

AID'S Network – Becki Sibhekindosi Mhalanga-Moore      We Speak Turkish Women Society of Canada - Sevim Onuralp  
Good Shepherd Women Services - Cynthia and Nazanin      Women Centre of Hamilton - Debora Martin  
McQuesten Legal Clinic - Maria Antelo      YWCA - Omnia Helbah  
Migrant Workers Family Resource Centre - Josephine Eric      Community Member : Debbie Wool

### Take Back the Night 2010 Committee

Aileen Duncan      Cynthia Khandi      Laura Smith      Pauline Roberts  
Becky Mhlanga-Moore      Jenny Rollings      Lisa Boucher

### Crisis Support Programme Volunteers

Aditi Khandelwal*	Jennifer	Natasha Gandhi
Aidan Oszkowski	Jessica Bonilla-Dampney	Olivia Chevez
Alicia Ziemiak	Joyce Li*	Ramandeep Toor*
Allana Beavis	Julie Cule	Rebecca Schultz
Allison Hathaway	Kayla Deverson*	Samantha Cohen
Annette	Kelly Collins	Samantha Lauzon
Ashley Foo Fang Shiuian*	Kelsey Norlund	Sarah McAloney*
Bree McLaughlin	Laura Roughley	Shabeeh Ahmad
Carol Morrison	Lavanya Ravichandran	Sherry Ives
Carolyn Piccinin	Leslie N. Wato*	Shreya Roy
Cassandra Timms*	Lisa Boucher	Stacey den Boer
Catherine Bowser	Lizanne Shields	Stena Sothiratnam
Cindy Smith	Margi Ende	Victoria (Torie) Patterson*
Clare Cruickshank*	Marya Folinsbee	Wendy Wilson
Hanna Meng	Maryann Hall	Yasmin Malekzai

\* Resigned during the year

### Management Committee

Senta Allen	Eileen Griffett **	Rachel Puttock**
Dr. Laila Afroz**	Kelsey Norlund	Medora Uppal, Chair
Clare Cruickshank, Treasurer*	May-Marie Nuyaba*	Tamara Vukelic*
Molly Elliott, Secretary	Sarah Patterson, Past –Chair	

\* Resigned during the year;      \*\*Appointed

### MC Sub-Committees

#### Fundraising Committee

Patti Beckett	Emily Ecker	Pauline Kajiura, Staff
Carrie Bullard	Molly Elliot, Chair	Lenore Lukasik-Foss, Staff
Irene Bullard	Jodi Goodram	Htee, Naw Pa Saw, Staff
Maria Contreras, Staff	Alexsandra Ngalebazea	Devora Weinberger

#### Evaluation Committee

Lenore Lukasik-Foss, Staff	Medora Uppal, Chair
Sandra Lemus, Staff	Carol Sheppard



### Personnel Committee

Senta Allen, Chair  
Lenore Lukasik Foss, Staff

Medora Uppal

### Strategic Planning Committee

Elizabeth Albrecht-Maracle, Staff  
Pauline Kajiura, Staff

Lenore Lukasik-Foss, Staff  
Kelsey Norlund, Chair

Sarah Patterson  
Miriam Sager, Staff

### Finance Committee

Clare Cruickshank  
Molly Elliot  
Pauline Kajiura, Staff

Lenore Lukasik Foss, Staff  
Htee, Naw Pa Saw, Staff  
Carol Sheppard

### Recruitment Committee

Senta Allen  
Clare Cruickshank

Sarah Patterson, Chair  
Diane Sharp, Staff

### Appeals Committee

Senta Allen, Chair  
Clare Cruickshank

Miriam Sager, Staff  
Maria del Carmen Sarmiento, Staff

### Thank you to our funders:

Ministry of the Attorney General, Ontario Victim Services Secretariat  
United Way of Burlington and Greater Hamilton  
City of Hamilton  
Ontario Trillium Foundation  
Hamilton Community Foundation

