

The logo for SACHA Sexual Assault Centre. The word "SACHA" is written in a large, bold, green, sans-serif font. Below it is a green wavy line. To the right of "SACHA", the words "SEXUAL ASSAULT CENTRE" are written in a smaller, bold, green, sans-serif font, stacked in three lines.

**SACHA** SEXUAL  
ASSAULT  
CENTRE

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**ANNUAL  
REPORT**

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2019 / 2020

FOR MORE INFORMATION:  
**sacha.ca**

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 [facebook.com/sachahamilton](https://facebook.com/sachahamilton)

 [@SACHA\\_tweets](https://twitter.com/SACHA_tweets)

## **A Message from Caitlin Craven, Chair of Management Committee & Jessica Bonilla-Dampley, Director**

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Dear friends, supporters and community members,

SACHA has had another successful year. We were pleased to welcome Caitlin as our Management Committee Chair. We thank Rachel Henry for her dedicated leadership as Management Committee Chair for the past few terms.

Our website has a new look. It is improved, easier to navigate and most importantly more accessible.

This year we worked hard advocating for increased supports for survivors. Thanks to the advocacy of community members and all Sexual Assault Centers in Ontario, we were heard and received one-time short-term funding to address increasing service pressures. The funding allocated to SACHA allowed us to hire a part-time counsellor for one year. As a result, we saw our counselling wait times drop from 11 months to approximately 3 months.

We are proud of SACHA's accomplishments over the year and the movers and shakers that made it all happen: our steadfast management committee, staff, volunteers and community partners.

We are pleased to offer you the following highlights of SACHA's work with survivors and within the community for 2019/2020:

### **SACHA welcomes 4 amazing folks to our team!**

We are excited to welcome Amy Pellarin, Danielle Boissoneau, Miranda Jurilj and Sarah Adjekum to SACHA! Amy and Sarah have joined our Counselling & Advocacy Program. Danielle is SACHA's new Diverse Communities Outreach Coordinator; and Miranda is SACHA's interim Public Education Coordinator.

### **Crisis Support Program**

SACHA is truly fortunate to have such dedicated and skilled volunteers. This year SACHA's Crisis Support Volunteers have responded to 1,374 calls on the 24-Hour Support Line, from survivors from all genders and all walks of life, with a range of diverse needs, and from their allies. Volunteers have provided emotional support, information, and, at times, accompaniment to the hospital or police. As well, they have made two cycles of volunteer training possible, helping as co-facilitators to pass on their skills to new cohorts. They continue to mentor new volunteers as they begin their work on the line, and build a community that supports each other in this critical and challenging work.

### **Counselling and Advocacy Program**

It's been an exciting and challenging year for the counselling program. We are sad to bid farewell to our beloved colleague; Emily Silbert. She is pursuing new and exciting adventures. We are thrilled to welcome aboard new counsellors; Sarah and Amy, their presence at SACHA strengthens our team and enriches the counselling program.

With new staff, our waitlist for dropped from 11 months to 3 months! We appreciate the Ministry of Attorney General's commitment to counselling services. We are hopeful for annualized funding to maintain the fourth part-time position, so that survivors receive timelier access to services. We are excited to share that our two full-time counsellors are now trained in (Eye Movement Desensitization & Reprocessing Therapy (EMDR). We have been getting very positive feedback from service users about this approach being integrated into SACHA counselling service.

### **Diverse Communities Outreach Program (DCOP)**

Our programming is rich with culture, language and creativity – spaces in which we intentionally create safer and healing spaces for survivors. The reality of being a Black, Indigenous, Person of Colour means surviving violence, racism and patriarchy on a daily basis. DCOP strives to be inclusive, accessible and fun. Without laughter, joy and community building, we are always responding – we endeavor to be proactive and to develop the skills and tools we need to define our own futures based on the wants and needs of our service users.

Arts based programming is at the root of DCOP. This includes: Sewing Circles, Peer Support Circles, online workshops and webinars (Plant Based Healing, Storytelling and BIPOC Women's Leadership in Community, to name a few). 2019 highlights included Sewing Circles in Arabic and Spanish, Zine Making Workshops and Herbs for the Survivors Soul, we also made medicine together with Indigenous facilitators.

### **Public Education Program**

There have been a lot of big changes in our Public Education Program. From April to October 2019 our program coordinator Crickett was phenomenal in creating and delivering talks, seminars and workshops across the City of Hamilton. Before taking a leave of absence, she supported the TBTN coordinator with our memorable 2019 Take Back the Night "Joyful Revolution". We welcomed Miranda to SACHA as Interim Public Education Coordinator in January 2020. The program has continued with popular SACHA initiatives including talking to high school students, connecting and collaborating with Public Educators from other Sexual Assault Centres, training volunteers and community members on how to support survivors, and continuing to work with Mohawk College. We look forward to expanding our program with new Public Education Volunteers joining us in September 2020!

### **Thank you for showing your SACHA support!**

Thank you very much to all of the people and organizations who support SACHA's work. Thank you to our volunteers, community partners and donors. Your ongoing efforts allow us to continue to support survivors of sexualized violence in a trauma informed, survivor centered manner. Together, we strive towards our vision of a world free from violence and oppression.



# Service Delivery

**8004**

Volunteer  
Hours

**46**

Public  
Education  
Presentations

**1374**

Support Line  
Contacts

**500+**

Take Back the  
Night  
Participants

**680**

People in  
Counselling  
Program

**575**

International  
Women's Day  
Participants

## 2019-2020

**4431**

Participants in  
Public  
Education

# TAKE BACK THE NIGHT 2019

*Joyful Revolution Always*

## NO MARCH

Community consultation says "safety means different things for different people"

On September 4, 2019, we hosted a **TBTN Community Safety Townhall** facilitated by Yamikani Msosa.

Overwhelmingly, we heard that racialized women + non binary folks face disproportionate rates of police violence. Despite months of negotiating with Hamilton Police and the City of Hamilton, we were unable to come to a reasonable agreement that ensured safety for all.

## FUNDERS + COMMUNITY PARTNERS

Collaborating towards Joyful Revolution

Public Service Alliance of Canada  
Unifor Local 5555, Women's Committee  
Centre [3] for Artistic and Social Practice  
Red Skirt Project  
Hamilton Centre for Civic Inclusion

## FUN FACTS

### Exciting Numbers

- 7+ months of organizing
- 8 TBTN Committee Members
- 500+ attendees
- 28 Tables
- 23 event volunteers

## FUN FACTS

### Exciting Numbers

- 6 Musical Performances + 1 Spoken Word Performance + 1 Dance Piece
- 300+ screenprints of our image created onsite
- 100 tshirts sold

## INCREASING POWER IN COMMUNITY FOR SURVIVORS

### Quotes and Feedback

"We are safe because of each other. Not because of police or because of security. We make each other safe. In order to get to a revolution, we have to be able to sustain each other and to find joy within each other," - Gachi Issa, McMaster Womanists

Art, and the creation of art as a communal activity, is always an important element at Take Back the Night, "a powerful opportunity for survivors and their supporters to actively build connections, assertively reclaim our right to safety, and courageously stand up against violence."

"As a victim of sexual abuse and exploitation this is a way for me to reclaim my space in the community"

READ THE FULL REPORT, INCLUDING THE BUDGET AND DETAILED FEEDBACK AND LINKS TO MEDIA HERE:

[SHORTURL.AT/WPW02](https://shorturl.at/wpw02)

# Staff

Jessica Bonilla-Dampthey	Director
Htee Naw Pa Saw	Financial Coordinator
Trisha Nightingale	Bookkeeper
Maria Contreras	Office Coordinator
Sadie Wolfe	Chocolate Fest Event Manager
Miranda Jurilj	Public Education Coordinator
Crickett Wilder**	Public Education Coordinator
Miriam Sager	Crisis Support Line
Danielle Boissoneau	Diverse Communities Outreach Coordinator
Sandra Lemus*	Diverse Communities Outreach Coordinator
Diane Sharp	Counselling & Advocacy Coordinator
Maria del Carmen Sarmiento	Counselling & Advocacy Coordinator
Amy Pellarin	Counselling & Advocacy
Sarah Adjekum	Counselling & Advocacy
Rocco Gizzarelli	Consultant, Services for Male Survivors
Liliana Arauz	Childminder
Sandra Penagos Arboleda	Facilitator

\* Resigned during the year

\*\* On leave during the year

# Volunteers

## Management Committee

Caitlin Cravin, Chair	Jeanine Kushnir	Rachel Henry*
Allsion Branston, Secretary	Nora Richter	
Peggy McGillicuddy, Treasurer	Candace Oghide	

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\*Resigned during the year

## Fundraising Committee:

Amanda Walters	Ana Patrick
Sadie Wolfe	Htee, Naw Pa Saw
Jessica Bonilla-Dampthey	Maria Contreras
Sarah Cifani	Sara

## Finance Committee:

Carol Sheppard	Htee, Naw Pa Saw
Jessica Bonilla-Dampthey	Allison Branston
Peggy McGillicuddy	Rachel Henry*

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\*Resigned during the year

## Take Back the Night Committee

### Crisis Support Program Volunteers

Abarna Nathan	Alice Cavanagh	Alina Millar	Alisha Halgren
Alyssa DeAngelis	Alyssa Hiemstra	Anu Ohri	Bridget Timmins
Brienne C	Catherine Reid	Dana Muma	Denise Williams
Dev R	Elaine Sterling	Emily Chambers	Erin Taylor
Inna Ushcatz	Isabella Jope	Janicce Antony Tibursius	Jasmine Dong
Jasmine Hedley	Jennifer Mercuri Hourigan	Jessica Merolli	Katerina Simantirakis
Lily Wu	Lorraine Bedini	Madison Voelk	Mae Vanderkamp
Melissa Bridgeman	Melissa Eberhardt-Merkle	Melissa-Lee Knowles	Meron Tadesse
Natalie Fleming	Navkiran Verma	Rachel Dass	Ruchi Vijn
Sandra Osazuwa	Sumaiya Ghufuran	Sydney Johnson	Sylvie Côté
Teresa Caterini	Victoria Charron		

### Public Education Volunteers

Abarna Nathan	Dayna MacDonald
Finn Wambolt	Gessie
Jacqueline de Schutter	Jasmine
Lorraine Bedini	Melissa-Lee
Teresa Caterini	

# RECOGNITION

## 5 year volunteers

Sarah Cifani

Amanda Walters



# THANK YOU TO OUR FUNDERS



Ministry of the Attorney General  
Victims and Vulnerable Persons Division



City of Hamilton



United Way of Halton & Hamilton



Ontario Ministry of  
Citizenship & Immigration

HAMILTON  
COMMUNITY  
FOUNDATION

**SEXUAL ASSAULT CENTRE (HAMILTON & AREA)**

**Statement of Financial Position**

**March 31, 2020**

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	2020	2019
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 63,316	\$ 49,730
Term deposits	20,167	20,066
Accounts receivable	10,795	18,202
Harmonized sales tax recoverable	3,254	3,917
Prepaid expenses	1,099	955
	<u>98,631</u>	<u>92,870</u>
<b>RESTRICTED FUNDS</b>	<u>11,260</u>	<u>11,204</u>
	<u><b>\$ 109,891</b></u>	<u><b>\$ 104,074</b></u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable and accrued liabilities	\$ 11,638	\$ 38,510
Employee deductions payable	11,729	10,989
Deferred contributions	5,000	-
	<u>28,367</u>	<u>49,499</u>
<b>NET ASSETS</b>		
General fund	60,265	25,372
Stabilization and capital funds	21,259	21,203
Take back the night fund	-	8,000
	<u>81,524</u>	<u>54,575</u>
	<u><b>\$ 109,891</b></u>	<u><b>\$ 104,074</b></u>

**SEXUAL ASSAULT CENTRE (HAMILTON & AREA)****Statement of Revenues and Expenditures****Year Ended March 31, 2020**

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	<b>2020</b>	2019
<b>REVENUE</b>		
Ministry of the Attorney General - operating	<b>\$ 506,947</b>	\$ 468,743
City of Hamilton	<b>54,970</b>	52,856
United Way of Burlington & Greater Hamilton	<b>51,027</b>	50,403
Donations	<b>50,376</b>	44,637
Other income	<b>33,131</b>	68,027
Funding for Male Survivors Program	<b>12,523</b>	18,318
Ministry of Citizenship and Immigration grant	-	8,000
Hamilton Community Foundation	<b>822</b>	-
Fundraising	-	21,785
	<b>709,796</b>	732,769
<b>EXPENSES</b>		
Salaries & benefits	<b>528,764</b>	551,515
Rent	<b>44,001</b>	42,720
Program expenses	<b>26,392</b>	32,667
Consulting fees	<b>25,344</b>	18,556
Other wages	<b>10,146</b>	18,985
Equipment & services	<b>9,227</b>	10,010
Telephone	<b>7,653</b>	5,755
Insurance	<b>6,718</b>	6,307
Travel & meetings	<b>4,415</b>	3,235
Grounds & maintenance	<b>4,110</b>	4,223
Professional fees	<b>4,000</b>	4,000
Office supplies	<b>2,858</b>	6,019
Publicity expenses	<b>2,396</b>	2,267
Membership	<b>2,050</b>	2,100
Other administrative expense	<b>1,900</b>	2,483
Staff development	<b>1,458</b>	3,066
Non-recoverable HST	<b>1,415</b>	1,704
Fundraising expenses	-	3,378
	<b>682,847</b>	718,990
<b>EXCESS OF REVENUE OVER EXPENSES</b>	<b>\$ 26,949</b>	\$ 13,779

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