



# 2017

ANNUAL REPORT



# Welcome



A Message from Rachel Henry, Chair of Management Committee  
& Lenore Lukasik- Foss, Director

The following are highlights of SACHA's work with survivors and within the community in 2016/2017:

## **New On-line Chatting and Texting on Support Line**

SACHA is thrilled to participate in the Ontario Coalition of Rape Crisis Centre's (OCRCC) Innovation Grant in order to pilot on-line chatting and texting within our Support Line services. Our Crisis Support Program Coordinator has been working closely with OCRCC to develop all the required technical and training supports for SACHA's participation. We will launch this exciting project in June 2017.

## **Public Education Programs: Increasing Requests**

Our Public Education Program (PEP) continues to experience rising demand to deliver workshops, trainings and education sessions for secondary schools, universities/colleges, community groups and professionals. Currently, SACHA is unable to keep up with the volume of requests and are deeply disappointed when we have to turn down speaking engagements. We have determined that we require another full-time PEP staff member in order to keep up with community demand. We continue to explore ways to fund increases to our PEP program; we recognize that prevention education is key to creating a culture of consent.

## **Survivors Reaching Out**

SACHA's Counselling and Advocacy Program is experiencing increased demand for counselling services for survivors of all genders. As community and media conversations about sexual violence continue to be more prominent, we have tracked an increase in requests for service. We struggle to balance the need for quick access to individual, shorter-term support and our ability to offer longer-term, ongoing trauma support. Adding to this challenge is the need to offer group-counselling

programs (we offered five groups in 2016/17). One thing we know: our community is in need of additional counselling support for survivors of all forms of sexual violence.

### **International Women's Day**

On March 8<sup>th</sup>, SACHA's Diverse Communities Outreach Program, in collaboration with numerous community partners, held a successful International Women's Day event for 125 community members. With our amazing keynote speaker, Nicky Bomberry, from the Hamilton Regional Indian Centre, and a panel of women sharing their experiences as newcomers, it was an exciting and informative day!

### **SACHA Supporters are Fabulous!**

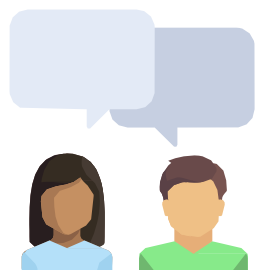
Finally, we wish to thank all of the amazing people who support SACHA's work: our volunteers, community partners and donors. Without your gifts of time and resources, we could not offer our full range of specialized supports to survivors, keep the issue of sexual violence on the agenda and work to end rape culture. Thank you.



# Service Delivery

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In 2016-2017, SACHA provided:



counselling & advocacy to

**317** women  
& men

who are survivors of sexual violence.

**98** attended

**SUPPORT  
GROUPS**

**5**

**Support  
groups  
including:**



- 8-session group; “Survivors, Substances and Gambling” in partnership with Alcohol, Drugs and Gambling Services (closed group)
- 8-session group; “Survivors, Substances and Gambling” in partnership with Alcohol, Drugs and Gambling Services (open group)
- 8-session group; “Creative Healing”
- 8-session group; “Childhood Sexual Abuse Survivors”
- 6-session group: “Self-Esteem” for Spanish-speaking women (in partnership with Immigrants Working Centre)

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**85** participants in  
**OUTREACH  
GROUPS**

**4** Outreach  
groups  
including: 

- 3 X 12-session groups “Multicultural Women’s Sewing Circle”
- 12-session group “Women Helping Women” (For Arabic-speaking women)

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**125** participants

**International  
Women’s Day Event**



A 24-hour support  
line with service  
available in over

**300** different  
languages.

The line’s volunteer staff  
provided support on

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**1,476** calls.

**PHONE  
SUPPORT**

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**PUBLIC**

**EDUCATION**



public education  
presentations

for

**4,390**

participants

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**VOLUNTEER  
HOURS**

**9356**

hours



# Staff & Volunteers

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## STAFF

Elizabeth Albrecht-Maracle, Counselling and Advocacy

Erin Crickett, Public Education

Htee, Naw Pa Saw, Financial Coordinator

Annie Horton, Chocolate Fest Event Coordinator

Lenore Lukasik-Foss, Director

Miriam Sager, Crisis/Support

Maria Contreras, Office Coordinator

Rocco Gizzarelli, Consultant,  
Services for Male Survivors

Sandra Lemus, Diverse Communities Outreach

Trisha Nightingale, Bookkeeper

Maria del Carmen Sarmiento,  
Counselling and Advocacy

Diane Sharp, Counselling and Advocacy

### **Sewing Circle Facilitators**

Nadia Abdelhadi

Sandra Villanueva

### **Childminders**

Elizabeth Castellanos

Rinad Aldib

Rola Harb

### **Administration Placement Worker**

Finn Wambolt



## VOLUNTEERS

### INTERNATIONAL WOMEN'S DAY COMMITTEE

Dianna W, Good Shepherd Centres  
Nomvelo Nkomo, AIDS Network  
Rana Aldibs, YWCA  
May-Marie Duwai Sowa  
Virbala Kumar  
Dodji Ousmane

Wilamina McGrimmond  
Surekha Parekh  
Shafiqa Ghulam Hussain  
Roma Juneja  
Kathleen Thomas  
Shamso Elmi

### PUBLIC EDUCATION TABLING VOLUNTEERS

Dayna MacDonald  
Jacqueline de Schutter

Lorraine Rollo Bedini  
Erin Crickett (staff)

### broadCAST SOCIAL MEDIA COMMITTEE

Dev R  
Maria Felix Miller

Lisa Boucher  
Erin Crickett (staff)

### HAMILTON FEMINIST ZINE FAIR CO-ORDINATORS

Amy Egerdeen

Erin Crickett (staff)

### TAKE BACK THE NIGHT COMMITTEE

Aileen Duncan  
Fatima Yousufi  
Helen  
Jessica Riley  
Jessie French

Jorday Riley  
Lorraine Bedini  
Nicky Bomberry  
Rebecca Wilson-Sabo  
Erin Crickett (Coordinator)





# CRISIS/SUPPORT PROGRAM VOLUNTEERS

Aklima Sarkar  
Alina P  
Amy P  
Amy Ladouceur  
Dana Muma  
Emily Silbert  
Emily West  
Gessie Stearns  
Holly B  
Julie Buffett  
Allison Branston  
Lisa Boucher  
Lorraine Rollo  
Melissa-Lee Knowles  
Nadieh Hajir-Amiri  
Petra Brearley  
Shabeeh Ahmad

Sharon Liu  
Sherry Ives  
Teresa Caterini  
Wendy Wilson  
Erin O'Neil  
Jasmine Hedley  
Martha Coe  
Maryam Rostami  
Obianuji Ngene  
Julia Getchell  
Sarah Potter  
Nichole Hiemstra  
Jasleen Khaira  
Nichole Hiemstra  
Piyanka Sivarajah  
Catherin McCoy  
Courtney Sullivan

Hannah Aikman  
Nicole J  
Rebecca Hough  
Jasmine Dong  
Katie Harrison  
Alice Cavanagh  
Dayna MacDonald  
Christina Dahl  
Shaila Kumbhare  
Heather Clark  
Chantal Gray  
Caitlin Smith  
Rasha Taha  
Sam Godfrey  
Tina Nham  
Johanna Bleecker

# SACHA MANAGEMENT COMMITTEE

Kristene Viljasoo, Past Chair  
Pearl Mendonça  
Emma Kapetanovic  
Danielle Hulan, Secretary  
Lynn Foye

Rachel Henry, Chair  
Andrea Cole, Treasurer  
Becky Idems\*  
Sarah Yuan \*\*  
Catherin Tompkins

\* Resigned during the year

\*\* Appointed

# MC SUBCOMMITTEES

## FUNDRAISING COMMITTEE

Carrie Bullard  
Htee, Naw Pa Saw, Staff  
Lynn Foye  
Lenore Lukasik-Foss, Staff

Sarah Cifani  
Annie Horton, Staff  
Amanda Walters  
Ana Patrick  
Maria Contreras, Staff

Rachel Henry  
Emily O'Rourke  
Emma Kapetanovic  
Andrea Cole



## PERSONNEL COMMITTEE

Lenore Lukasik-Foss, Staff

Rachel Henry, Chair

## STRATEGIC PLANNING COMMITTEE

Elizabeth Albrecht-Maracle, Staff  
Wendy Wilson  
Sandra Lemus, Staff  
Kristene Viljasoo, Chair  
Emma Kapetanovic

Lenore Lukasik-Foss, Staff  
Nicky Bomberry  
Catherine Tompkins  
Andrea Cole  
Htee, Naw Pa Saw, Staff

## FINANCE COMMITTEE

Carol Sheppard  
Lenore Lukasik-Foss, Staff  
Htee, Naw Pa Saw, Staff

Andrea Cole, Treasurer  
Pearl Mendonça  
Rachel Henry

## RECRUITMENT COMMITTEE

Diane Sharp, Staff

Rachel Henry, Chair



# Recognition to Volunteers

**30 YEARS**

Carol Sheppard

**15 YEARS**

Aileen Duncan

**10 YEARS**

Wendy Wilson

Sherry Ives

**5 YEARS**

Gessie Steams

Dev R



# Financial Report

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**SEXUAL ASSAULT CENTRE (HAMILTON & AREA)**  
**Statement of Revenues and Expenditures**  
**Year Ended March 31, 2017**

	2017	2016
<b>REVENUE</b>		
Ministry of the Attorney General - operating	\$ 468,743	\$ 468,743
United Way of Burlington & Greater Hamilton	50,519	56,186
City of Hamilton	35,828	34,977
Funding for Male Survivors Program	18,946	23,814
Fundraising	27,473	37,952
Donations	22,262	17,031
Other Income	34,046	27,118
Hamilton Community Foundation	-	3,500
	<u>657,817</u>	<u>669,321</u>
<b>EXPENSES</b>		
Salaries & benefits	511,772	488,230
Rent	40,268	39,095
Program expenses	26,060	30,570
Consulting fees	17,483	19,453
Other wages	14,458	18,505
Insurance	5,903	5,895
Equipment & services	5,195	6,554
Telephone	4,868	4,854
Fundraising expenses	4,699	9,321
Grounds & maintenance	4,484	4,663
Office supplies	3,797	4,592
Professional fees	3,750	3,750
Travel & meetings	3,152	2,099
Other administrative expense	2,946	2,834
Membership	2,100	2,375
Publicity expenses	1,586	18,685
Non-recoverable HST	1,406	2,651
Staff development	658	757
	<u>654,585</u>	<u>664,883</u>
<b>EXCESS OF REVENUE OVER EXPENSES</b>	<u>\$ 3,232</u>	<u>\$ 4,438</u>

**SEXUAL ASSAULT CENTRE (HAMILTON & AREA)**  
**Statement of Financial Position**  
**March 31, 2017**

	2017	2016
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 34,894	\$ 38,303
Term deposits	19,866	19,767
Accounts receivable	3,940	11,026
Harmonized sales tax recoverable	3,966	6,089
Prepaid expenses	1,842	1,352
	<u>64,508</u>	<u>76,537</u>
<b>RESTRICTED FUNDS</b>	<u>11,094</u>	<u>10,980</u>
	<u><b>\$ 75,602</b></u>	<u><b>\$ 87,517</b></u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable and accrued liabilities	\$ 25,148	\$ 39,999
Employee deductions payable	10,771	11,067
	<u>35,919</u>	<u>51,066</u>
<b>NET ASSETS</b>		
General fund	18,590	15,472
Stabilization and Capital funds	21,093	20,979
	<u>39,683</u>	<u>36,451</u>
	<u><b>\$ 75,602</b></u>	<u><b>\$ 87,517</b></u>

The report includes selected financial information extracted from statements audited by Guyatt + Moffatt Chartered Professional Accountants. Complete financial statements are available upon request

# Thank you

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## Our funders



Ministry of the Attorney General  
Victims and Vulnerable  
Persons Division



United Way Halton & Hamilton





No one  
asks  
FOR it!  
wearPURPLE MAY 6  
2016



